



Lifetone Bedside Fire Alarm & Clock Models HLAC100, HLAC150, and HLAC151 How to Set the Clock and the Alarm Clock

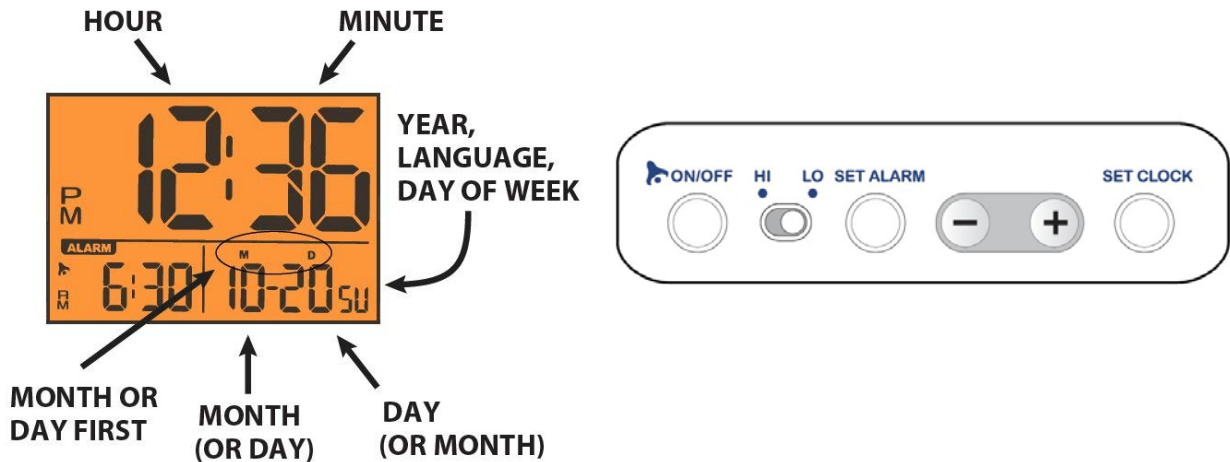
Helpful Hints for Setting the Clock

- There are 8 items to set, starting with the time format and ending with the language.
- For each item, you'll use the plus (+) or minus (–) button to adjust the value that is flashing.
- You can use the minus button to back up from an early setting to a late one. For example, when setting the month, you can change from month 1 (January) to month 12 (December) by pressing the minus button once.
- To change the flashing value rapidly, hold down the plus (+) button or the minus (–) button. If you overshoot, simply press the other button.
- When the desired value is flashing on the screen, press and release **SET CLOCK** to accept the flashing value and advance to the next item.
- Press only one button at a time. The HLAC never requires you to hold down one button while pressing another.
- If you make a mistake and have already continued to a subsequent step, complete the procedure through Step 8. Then start again at Step 1.
- During the time-setting procedure, if you wait more than 60 seconds without pressing a button, the clock will assume whatever values have already been set and will switch back to normal mode, displaying the time of day with a flashing colon between the hour and the minutes. To return to clock-set mode, press and hold **SET CLOCK** until the time format (12 hr or 24 hr) flashes on the screen.

Step-by-Step Procedure for Setting the Clock

1. **Time Format (12 hr or 24 hr)**: Press and hold **SET CLOCK** until the currently selected format (12 hr or 24 hr) appears on the screen. (The 12-hour format is the AM/PM style that's most commonly used in USA. The 24-hour format is the style used by the military and sometimes in transportation time tables.) Press the plus or minus button to toggle between the formats. When your preference is flashing on the screen, press **SET CLOCK** once to accept that format and advance to the next item, the hour.
2. **Hour (1-12 in 12-hour format, 00-23 in 24-hour format)**: Use the plus or minus button to adjust the flashing hour, taking note of the AM/PM indication if you're using the 12-hour format. For example, if you need to "fall back" from Daylight Saving Time, press the minus button one time to subtract one hour from the flashing value. If you need to "spring forward," press the plus button once. When the correct hour is flashing on the screen, press **SET CLOCK** once.
3. **Minutes (00-59)**: If the flashing minutes need to be changed, use the plus and minus buttons to adjust them. When the correct value is flashing, press **SET CLOCK** once.
4. **Year (08, ...)**: If the flashing year needs to be adjusted, use the plus or minus button to adjust it. When the correct 2-digit year is flashing in the lower right corner, press **SET CLOCK** once.
5. **Date Format (M D or D M)**: Use the plus or minus button to toggle between flashing M-D (month first, which is the usual format in USA) and flashing D-M (day first). When the desired format is flashing, press **SET CLOCK**. Note: The **M D** (or **D M**) indication appears on the right of the screen, just below the horizontal line.
6. **Month (1-12)**: If the month needs to be adjusted, use the plus and minus buttons until the correct value is flashing below the M. Then press **SET CLOCK**.
7. **Day of the Month (1-31)**: If the day of the month needs to be adjusted, use the plus and minus buttons until the correct value is flashing below the D. Then press **SET CLOCK**.
8. **Language (English, French, or Spanish)**: Press the plus or minus button to switch among English, French, and Spanish. When the desired letter is flashing in the lower right corner, e.g. **E** for English, press **SET CLOCK**. This is the last item in the clock-setting procedure.

9. If you want to change any of the above items, you can now start again at Step 1.
10. If the year is displayed in the lower right and you would prefer to see the day of the week instead, press and release **SET CLOCK** once when the display is in normal mode. The year will change to a 2-letter abbreviation for the day of the week (i.e., Mo, Tu, We, Th, Fr, Sa, or Su) in the language you selected.
11. **Illumination:** Tap the **SNOOZE/LIGHT** button to adjust the screen brightness. There are three settings: off, dim, and bright.



Step-by-Step Procedure for Setting the Alarm Clock

1. **Wake-up Hour:** Press and hold **SET ALARM** until the currently selected wake-up hour flashes in the lower left corner of the screen. Press the plus (+) or minus (-) button to adjust the wake-up hour, taking note of the AM/PM indication if you're using the 12-hour format. When the desired value is flashing, press **SET ALARM** once to proceed to the wake-up minutes.
2. **Wake-up Minutes:** Use the plus or minus button to adjust the flashing wake-up minutes. Then press **SET ALARM**.
3. **Enabling and Disabling the Alarm Clock:** Setting the time of the alarm clock also enables it. A bell icon in the lower left corner indicates that the alarm clock is enabled. If you want to disable the alarm clock, press **ON/OFF** once, and then verify that the bell icon has disappeared from the screen.
4. **Silencing the Alarm Clock:** If the alarm clock is enabled, it will sound at the time indicated. The time of day flashes on the screen, the clock emits a continuous series of ungrouped beeps, and the bed shaker, if connected, vibrates continuously. To hush the alarm clock, press **ON/OFF** once. The alarm clock remains enabled for the same time the next day. If you want to disable the alarm clock, press **ON/OFF** again.
5. **Snoozing:** When the alarm clock is sounding, you can silence it for 10 minutes by pressing **SNOOZE/LIGHT**. When you're ready to get up, press **ON/OFF** once. If you want to disable the alarm clock so that it will not wake you up the next day, press **ON/OFF** again.
6. **Loudness:** You can use the **HI-LO** slide switch to adjust the alarm-clock volume. The emergency alarm is not affected by this switch.

You can view the instructions online at <http://lifetonesafety.com/>. Let your mouse pointer hover over "Customer Support." When the menu appears, click on "Documents and Manuals" and then select the Quick-Start Guide for your model number.

For technical support, please call Lifetone at 1-800-648-7923.